



athena camps  
Girl Powered

## Junior Coach Grades 6-8

### About Us

Our vision is to build communities of empowered girls who inspire and uplift each other in order to have a positive and lasting impact on our world. Athena Camps' mission is to inspire courage and build confidence in girls through a unique combination of athletic, creative, social and emotional activities in a nurturing community.

### Description of Athena Camps

Athena Camps are summer day camps that run from 9am-4pm, Monday - Friday. We have two locations, **San Jose Christian School** and **Covington School** in Los Altos. At each location there are 3 camps running at the same time (Mini, Junior, and Middle School). Each camp is run by up to three Camp Coaches and is overseen by two Directors.

### Description of Junior Coach

The Junior Coach position is available to those meeting the below prerequisites on a first come, first serve basis. Junior Coaches will assist the **Mini Campers** and their coaches Monday – Friday 8:30am-3pm.

Junior Coach (JC) will take an active role in helping us build communities of girls who inspire and uplift each other by serving as a role model to the **Mini campers** ages 4-6 years old. The JC will assist the Camp Coaches with various art projects and activities throughout the day. Every day is different and the Junior Coach must be flexible and willing to take direction and change direction at a moment notice. Junior Coaches may support the coaches with teaching/demonstrating sports and/or art projects, take photographs, set up and clean-up activities, and organize camp supplies. JC's may also assist various ways such as: aid minor injuries, lunchtime, playground, and bathroom supervision. Most importantly, the Interns will interact and engage with the campers, sharing stories, promoting self-expression through art, and encouraging them to try new things.

**The Mentorship Camp** is a pre-requisite training camp offered two times throughout the summer (see dates below). The Athena Mentorship Camp gives you the opportunity to experience the Athena Camp culture and values while developing and applying their mentorship abilities to take with them out into Athena Camps and their community. The course includes personal reflection, group discussions, conflict resolution techniques and boundary setting scenarios, communication skills and community building exercises and more.

The Mentorship Camp is held at Athena Camps office in downtown Willow Glen. **Registration fee is \$185 for Mentorship Training and \$275 per week to Junior Coach.** A Camp shirt is included and please

dress comfortably and bring water bottle and lunch daily. This course is a pre-requisite to be a Junior Coach at Athena Camps.

**Mentorship Camp 1: May 2, 10am-4pm**

**Mentorship Camp 2: May 16, 10am-4pm**

Directors may sign off on community service hours and may provide letters of recommendation upon request.

**Prerequisites**

The Junior Coach must:

- Attend a Mentorship Camp: May 2 or May 16
- Enjoy helping younger girls
- Be respectful and helpful to all
- Care about building the courage and confidence of girls
- Be punctual, have reliable transportation to and from camp

Ideal candidates have the following qualities and experience:

- Organized, self-starter, creative, and detail oriented
- Friendly, Energetic, Flexible
- Confident interacting with girls, both older and younger
- Takes direction and takes initiative

**To Apply**

There are *only three* Junior Coach positions available per week per location. Upon meeting the prerequisites, register for the Mentorship Camp and Junior Coach weeks at [www.AthenaCamps.com](http://www.AthenaCamps.com). Registration fee is \$275 per week to Junior Coach. For questions, contact [info@athenacamps.com](mailto:info@athenacamps.com) or call 408-490-4972