



athena camps  
Girl Powered

# Internship

*Grades 9-12*

## About Us

Our vision is to build communities of empowered girls who inspire and uplift each other in order to have a positive and lasting impact on our world. We do this by creating unique experiences that support girls in building friendships, learning sports, expressing creativity and having girl-powered fun. Our summer day camps that run from 8am-5:30pm, Monday - Friday. We have two locations, **San Jose Christian School** and **Covington School** in Los Altos. At each location, there are three camps running at the same time (Mini, Junior, and Middle School) for girls ages 4 to 14.

## Description of Internship

Interns gain valuable leadership experience, have the opportunity to experience inspiring curriculum and genuine sisterhood. Interns assist the Camp Coaches and Directors in a variety of ways such as:

- Teaching sports and/or art projects
- Take photographs
- Attending to minor injuries and assisting with camper supervision
- Interacting and engaging with campers, getting to know them, supporting them, sharing stories, promoting self-expression, and encouraging campers to get to know each other try new things.

The Athena Camps Internship commitment is for one week, Monday – Friday, 8:30am-3:00pm. Available weeks are June 8 – August 7. We encourage you to sign up for at least two weeks to get the most out of the experience and requires attendance at a Mentorship Camp.

**The Mentorship Camp** is a pre-requisite training camp offered two times throughout the summer (see dates below). The Athena Mentorship Camp gives you the opportunity to experience the Athena Camp culture and values while developing and applying their mentorship abilities to take with them out into Athena Camps and their community. The course includes personal reflection, group discussions, conflict resolution techniques and boundary setting scenarios, communication skills and community building exercises and more.

The Mentorship Camp is held at Athena Camps office and is limited to 12 participants. Camp shirt is included and please dress comfortably and bring water bottle and lunch daily. This course is a pre-requisite to be an Intern at Athena Camps.

**Mentorship Camp 1: May 2, 10am-4pm**

**Mentorship Camp 2: May 16, 10am-4pm**

Directors may sign off on community service hours and may provide letters of recommendation upon request.

## Requirements

The Athena Camp Intern must:

- Attend a Mentorship Camp: May 2 or May 16
- Be entering 9th-12th grade
- Be Punctual
- Passionate about building the courage and confidence of girls
- Have reliable transportation to and from camp

Ideal candidates have the following qualities and experience:

- Friendly, Energetic, Flexible
- Confident interacting with girls, both older and younger
- Takes direction and takes initiative
- Team experience – i.e. - sports, band, dance
- Some experience working with youth

## Registration

There is a **\$185 registration fee** for the Mentorship Camp, and **\$75 per week** for the Internship.

## To Apply

Go to [www.AthenaCamps.com](http://www.AthenaCamps.com) "Our Team" page and Apply as an **Intern**. Then, click Register, add all of your information, and register for one of the Mentorship Camps and Internships.

For questions, contact [info@athenacamps.com](mailto:info@athenacamps.com) or call 408-490-4972